

# TUGENDE

cafe & bakery

19 KG 622 Rugando, Kigali, Rwanda | 0792 987 384 | MoMo Pay code: 685524

## BREAKFAST

<b>2 EGG BREAKFAST</b>	<b>5,000</b>	<b>HOT BISCUITS &amp; GRAVY</b>	<b>6,000</b>
eggs any style, focaccia, tomato, avocado & labneh		flaky american-style biscuits, béchamel & 2 eggs	
<b>BREAKFAST SANDWICH</b>	<b>6,000</b>	<b>POWER SMOOTHIE BOWL</b>	<b>5,000</b>
bacon, egg & cheese on fresh bun		seasonal ingredients - check the chalkboard!	
<b>upgrade:</b> biscuit or focaccia +1,000, croissant +2,000		<b>option:</b> vegan +2,000	

## SAVORY

<b>QUICHE</b>	<b>6,000</b>
<b>option:</b> spinach, tuna <b>or</b> bacon & cheese + side salad	
<b>STUFFED FLATBREAD</b>	<b>7,000</b>
<b>option:</b> vegan, vegetarian <b>or</b> carnitas + side salad	
<b>CHEF'S SALAD</b>	<b>8,000</b>
hand crafted daily by our chef - fresh from our garden!	
<b>SOUP, SALAD &amp; FOCACCIA</b>	<b>6,000</b>
soup du jour, side salad & slice of rosemary focaccia	

## SWEET

<b>CROISSANT / PAIN AU CHOCOLAT</b>	<b>2,000</b>
<b>SCONE DU JOUR</b>	<b>3,000</b>
<b>MILK &amp; COOKIE</b>	<b>3,000</b>
<b>upgrade:</b> milk thermos & jumbo cookie +2,000	
<b>CARROT CAKE</b>	<b>3,000</b>
<b>ZUCCHINI BREAD</b>	<b>3,000</b>
<b>TARTE AU CITRON</b>	<b>4,000</b>
<b>upgrade:</b> fresh whipped cream +2,000	

## SANDWICHES

<b>FROM THE HILLS</b>	<b>7,000</b>
aubergine, hummus & zesty za'atar + side salad	
<b>FROM THE FIRE</b>	<b>8,000</b>
spicy salami, brie & honey pesto mayo + side salad	
<b>option:</b> hot or cold	
<b>FROM THE SEA</b>	<b>6,000</b>
tuna, boiled egg, tomato, citrus & herbs + side salad	

## SHAREABLES

<b>DIPS TRIO</b>	<b>12,000</b>
<b>choose 3:</b> hummus, tapenade, labneh <b>or</b> caviar d'aubergine + fresh crackers & buns	
<b>FROMAGE PLATE</b>	<b>14,000</b>
<b>choose 3:</b> brie, pecorino, bleu, feta <b>or</b> daily special + fresh crackers & buns	
<b>ADVENTURE BOARD</b>	<b>22,000</b>
<b>choose 6:</b> 3 dips & 3 fromage + fresh crackers & buns	

## À LA CARTE

<b>SIDE SALAD</b>	<b>3,000</b>	<b>1 DIP (ANY)</b>	<b>4,000</b>
<b>QUICHE SLICE</b>	<b>4,000</b>	<b>1 EGG</b>	<b>1,000</b>
<b>FOCACCIA SLICE</b>	<b>2,000</b>	<b>SIDE BACON</b>	<b>2,000</b>
<b>SOUP DU JOUR</b>	<b>3,000</b>	<b>SIDE CRACKERS</b>	<b>2,000</b>

*please notify your server if you have any food allergies or dietary restrictions / preferences  
all items may include trace amounts of gluten, dairy, nuts or other allergens*

# TUGENDE

drinks

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## COFFEE

ESPRESSO	1,500
DOUBLE ESPRESSO	2,000
AMERICANO	2,000
CORTADO	3,000
FLAT WHITE	3,000
CAPPUCCINO	3,000
LATTE	3,000
MOCHA	3,500
SPICED COFFEE	3,500
COLD BREW	3,500

## MILK & TEA

BLACK TEA	2,000
GREEN TEA	2,000
HERBAL TEA	2,000
SPICED TEA	3,000
AFRICAN TEA	3,000
HOT CHOCOLATE	3,000
BABY-CHINO	1,500
COLD MILK	1,000
HOT MILK	1,000

## BEERS

SKOL	2,000
Lager/Malt	
VIRUNGA	3,000
Mist/Gold	
254 BREWING (KENYA)	7,000
IPA, Session IPA, or Lager	

## WINES

RED (GLASS)	
Merlot (Savanha, South Africa)	7,000
Pinotage Syrah (Savanha, South Africa)	7,000
Cabernet Sauvignon (Cavit, Italy)	8,000
WHITE (GLASS)	
Chardonnay (Savanha, South Africa)	7,000
Sauvignon Blanc (Cavit, Italy)	8,000
ROSÉ (GLASS)	
Pinot Grigio Rosato (Cavit, Italy)	7,500

## WATER, SODA, JUICE

VIRUNGA MINIRAL WATER	1,000	BOOOCH KOMBUCHA	6,000
VIRUNGA SPARKLING WATER	1,000	HIBISCUS JUICE	1,000
PANACHÉ	1,000	SMOOTHIE DU JOUR (SPECIAL)	3,500
COCA COLA (/ZERO)	1,500		
FANTA LEMON	1,500		

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